



We have extended the Eat Out to Help Out Scheme throughout September across all our pubs, so you can continue to enjoy:

- 50% off your food and drink, up to a maximum discount of £10 per diner
- Discount applied to all food, snacks and soft drinks; including the special set menu
- Available Monday to Wednesday
- Unlimited visits per day or week
- No voucher required; discount is automatically applied
- Does not apply to alcoholic drinks or service charge

**For more information, please visit:**

**[www.redmistleisure.co.uk](http://www.redmistleisure.co.uk)**

# MIDWEEK SET MENU

Available every Monday to Wednesday in September  
with the Eat Out to Help Out scheme.

Two courses £20 - You pay just £10!

Three courses £25 - You pay just £15!

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## STARTERS

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**Soup of the day** (V) (\*\*) (\*\*GF)

fresh bread, salted butter

**Smoked mackerel, caper and dill pâté** (\*\*GF)

Secretts' baby leaves, garlic crostini

**Parma ham salad** (GF)

cherry tomato, fennel, dressed rocket, balsamic glaze

**Chef's chicken liver parfait** (\*\*GF)

baby leaf salad, apricot and ginger chutney, toast

**Roast red pepper, sun blushed tomato and feta tart** (V) (GF)

served warm, local watercress, herb oil

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## MAINS

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**Salmon and watercress fishcake**

English new potatoes, green beans,  
watercress cream sauce

**Grilled halloumi and beetroot salad** (V) (GF)

Secretts' baby leaves

**Sage and red onion sausages**

crushed new potatoes, sautéed greens, red wine jus

**Minted pea & broad bean risotto** (V) (\*\*) (GF)

dressed rocket, vegetarian parmesan,  
Cold Pressed Oil Company truffle oil

**Seared 6oz British Bavette steak and chips** (GF)

garlic butter, baby leaf salad

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## DESSERTS

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**Apple and vanilla crumble tart** (GF) (\*\*)

vanilla ice cream

**Sticky toffee pudding** (V) (GF)

salted caramel sauce, vanilla ice cream

**Double chocolate brownie** (V) (GF)

cherry ice cream, dark chocolate sauce

**Lemon tart** (V) (GF)

berry compote

**Local ice cream, 3 scoops** (GF)

chocolate | vanilla | strawberry  
honeycomb | salted caramel | cherry

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FRESH - SEASONAL - LOCAL

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(V) = VEGETARIAN DISH (VE) = VEGAN DISH (\*\*) = CAN BE ADAPTED TO VEGAN ON REQUEST  
(GF) = GLUTEN FREE (\*\*GF) = CAN BE ADAPTED TO GLUTEN FREE ON REQUEST

\*50% DISCOUNT APPLIES TO THIS MENU AND THE KIDS MENU OVERLEAF ONLY.

\*Original prices shown below. The discount will be automatically applied to your bill.

# SUMMER MENU

Enjoy 50% off all food and soft drinks, up to £10 off per person, every Monday, Tuesday and Wednesday throughout September.

## WHILE YOU WAIT

**Garlic ciabatta (V)** 3.75  
*add cheese 50p*

**Marinated olives (VE)** 3.50

**Crispy fried whitebait** 4.95  
dusted with cayenne pepper,  
Cold Pressed Oil Company mayonnaise

## STARTERS

**Homemade soup of the day (VE)** 5.95  
fresh bread

**Battered tiger prawns** starter 8.95 | main 14.95  
sweet chilli dip

**Chef's chicken liver parfait** 6.50  
baby leaf salad, apricot and ginger chutney, toast

**Roast red pepper, sun blushed tomato and feta tart (V)** 7.95  
served warm, local watercress,  
Cold Pressed Oil Company truffle oil

**Avocado and Chalk Stream smoked trout pâté** 9.50  
baby leaf salad, crostini

## DELI BOARDS

Perfect for grazing or as a main for one

**Whole baked camembert (V)** 15.95  
infused with rosemary and garlic,  
sticky onion jam, toasted ciabatta

**Summer board** 19.95  
Chef's chicken liver parfait, chorizo, Chalk Stream smoked trout pâté, battered prawns, houmous, olives, mixed leaves, rustic breads

## MAINS

**Battered cod & chips** 14.50  
cod fillet, sautéed peas, tartare sauce

**Vegan meatballs (VE)** 13.95  
tomato and chilli sauce, pappardelle pasta,  
dressed rocket, herb oil

**Seared duck breast (cooked pink)** 17.95  
red wine jus and orange, olive oil crushed  
new potatoes, seasonal vegetables

**Prime British beef burger** 14.95  
smoked bacon, mature cheddar, beef tomato,  
gem lettuce, red onion, gherkin, tomato relish,  
Cold Pressed Oil Company mayonnaise,  
toasted brioche bun, chips  
*Double up your burger patty £4.50*

**Pan fried Chalk Stream trout fillet** 16.95  
local watercress sauce, Jersey Royal new  
potatoes, seasonal vegetable

**8oz Prime English sirloin steak** 24.95  
chips, roasted tomatoes, grilled flat mushroom,  
mixed Secretts' salad.  
*Add your choice of blue cheese glaze, peppercorn  
sauce or garlic butter £1.50*

**Minted pea & broad bean risotto (V)(\*\*)** 12.50  
dressed rocket, shaved vegetarian parmesan,  
Cold Pressed Oil Company truffle oil  
*Why not add a grilled chicken fillet £3.75*

**Sweet potato, mushroom & spinach pie (V)(\*\*)** 14.50  
thick creamy sauce, encased in shortcrust  
pastry, sautéed mixed greens, chips

**Chicken and smoked bacon pie** 15.50  
creamy white wine and wholegrain mustard  
sauce, encased in thyme topped pastry,  
sautéed mixed greens, chips

**Super grain salad (VE)** 11.95  
wild rice, chickpea, mixed beans, spinach,  
peppers, spring onion, harissa and mint dressing,  
pomegranate and toasted sesame seeds  
*Why not add a grilled chicken fillet £3.75,  
Cold Smoked Chalk Stream Trout £4.50  
or grilled halloumi £3.75*

## A BIT ON THE SIDE

chips | new potatoes | olive oil crushed new potatoes 3.95  
seasonal vegetables | mixed leaf salad 3.50

FRESH - SEASONAL - LOCAL

(V) = VEGETARIAN DISH (VE) = VEGAN DISH (\*\*) = CAN BE ADAPTED TO VEGAN ON REQUEST

See overleaf for information on allergies and intolerances.

An optional 10% service charge will be added to tables of 8 people or more.



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## DESSERTS

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**Apple and vanilla crumble tart** 6.95  
vanilla ice cream

**Sticky toffee pudding (V)** 5.95  
salted caramel sauce, vanilla ice cream

**Lemon tart (V)** 6.50  
berry compote

**Strawberry and vanilla cheesecake** 6.50  
strawberry coulis

**Eton mess** 5.75  
sweet English strawberries, whipped cream, meringue

**Double chocolate brownie (V)** 6.50  
cherry ice cream, dark chocolate sauce

**Local ice cream** 2 scoops 3.95 | 3 scoops 5.25  
chocolate | vanilla | strawberry | honeycomb | salted caramel | cherry

**Local sorbet (VE)** 2 scoops 3.95 | 3 scoops 5.25  
lemon | raspberry | mango

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## BRITISH CHEESE BOARD

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grapes, celery, apricot and ginger chutney, artisan crackers 9.50

### Rosary Ash

goat's cheese with a mousse-like texture and a natural acidity, made from pasteurised milk and vegetarian rennet.

### Brighton Blue

a mild, semi-soft cheese with a mellow blue flavour and a slightly salty finish

### Tunworth

a British Camembert inspired soft cheese, soft creamy texture with a nutty flavour

### Sussex Charmer

from West Sussex; a creamy mature cheddar taste with the zing of Parmesan.

*A Sunday well spent  
brings a week of content...*

Enjoy quality time with family and tuck into  
our proper Sunday roasts!

Tuck into our selection of traditional British roasts  
served with Yorkshire pudding, crispy roast potatoes,  
lashings of gravy and fresh, seasonal vegetables.

*Visit our website to book a table.*

## SANDWICHES

**Monday to Saturday (lunchtime only)**  
EXCLUDING BANK HOLIDAYS

**Chicken BLT** 8.25  
Cold Pressed Oil Company mayonnaise

**Mature cheddar and onion marmalade (V)** 8.00  
peppery rocket

**Extra Dry Kent Honey Baked sliced ham** 7.70  
wholegrain mustard mayonnaise

*Served either on white or granary bread.*

**Gourmet fish finger sandwich** 9.50  
brioche bun, tartare sauce, watercress and rocket

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## GREEN PLATE POLICY

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### ALLERGENS & INTOLERANCES

Please speak to your server about ANY allergens or intolerances.  
We cannot guarantee that items have not come into contact with nuts.  
If you have any allergies or intolerances your food should be served on a green plate.

**Please do not consume anything not served on a green plate.**

