

GLUTEN FREE SUMMER MENU

WHILE YOU WAIT

Gluten free garlic bread (V) 3.75
add cheese 50p

Marinated olives (VE) 3.50

Crispy fried whitebait 4.95
dusted with cayenne pepper,
Cold Pressed Oil Company mayonnaise

STARTERS

Homemade soup of the day (VE) 5.95
gluten free bread

Chef's chicken liver parfait 6.50
baby leaf salad, apricot and ginger chutney,
gluten free toast

Battered tiger prawns starter 8.95 | main 14.95
sweet chilli dip

**Roast red pepper, sun blushed tomato
and feta tart (V)** 7.95
served warm, local watercress,
Cold Pressed Oil Company truffle oil

Avocado and Chalk Stream smoked trout pâté 9.50
baby leaf salad, gluten free toast

DELI BOARDS

Perfect for grazing or as a main for one

Whole baked camembert (V) 15.95
infused with rosemary and garlic,
sticky onion jam, gluten free toast

Summer board 19.95
Chef's chicken liver parfait, chorizo, Chalk Stream
smoked trout pâté, battered prawns, houmous,
olives, mixed leaves, gluten free bread

MAINS

Battered cod & chips 14.50
cod fillet, sautéed peas, tartare sauce

Vegan meatballs (VE) 13.95
tomato and chilli sauce, wild rice,
dressed rocket, herb oil

Seared duck breast (cooked pink) 17.95
red wine jus and orange, olive oil crushed
new potatoes, seasonal vegetables

Prime British beef burger 14.95
smoked bacon, mature cheddar, beef tomato,
gem lettuce, red onion, gherkin, tomato relish,
Cold Pressed Oil Company mayonnaise,
gluten free bun, chips
Double up your burger patty £4.50

Pan fried Chalk Stream trout fillet 16.95
local watercress sauce, Jersey Royal new
potatoes, seasonal vegetables

8oz Prime English sirloin steak 24.95
chips, roasted tomatoes, grilled flat mushroom,
mixed Secretts' salad.
*Add your choice of blue cheese glaze, peppercorn
sauce or garlic butter £1.50*

Minted pea & broad bean risotto (V)()** 12.50
dressed rocket, shaved vegetarian parmesan,
Cold Pressed Oil Company truffle oil
Why not add a grilled chicken fillet £3.75

Sweet potato, mushroom & spinach pie (V)()** 14.50
thick creamy sauce, encased in shortcrust
pastry, sautéed mixed greens, chips

Chicken and smoked bacon pie 15.50
creamy white wine and wholegrain mustard
sauce, encased in thyme topped pastry,
sautéed mixed greens, chips

Super grain salad (VE) 11.95
wild rice, chickpea, mixed beans, spinach,
peppers, spring onion, harissa and mint dressing,
pomegranate and toasted sesame seeds
*Why not add a grilled chicken fillet £3.75,
Cold Smoked Chalk Stream Trout £4.50
or grilled halloumi £3.75*

A BIT ON THE SIDE

chips | new potatoes | olive oil crushed new potatoes (V) 3.95
seasonal vegetables | mixed leaf salad 3.50

FRESH - SEASONAL - LOCAL

(V) = VEGETARIAN DISH (VE) = VEGAN DISH (**) = CAN BE ADAPTED TO VEGAN ON REQUEST

See overleaf for information on allergies and intolerances.

An optional 10% service charge will be added to tables of 8 people or more.



DESSERTS

Apple and vanilla crumble tart 6.95
vanilla ice cream

Sticky toffee pudding (V) 5.95
salted caramel sauce, vanilla ice cream

Lemon tart (V) 6.50
berry compote

Eton mess 5.75
sweet English strawberries, whipped cream, meringue

Double chocolate brownie (V) 6.50
cherry ice cream, dark chocolate sauce

Local ice cream 2 scoops 3.95 | 3 scoops 5.25
chocolate | vanilla | strawberry | honeycomb | salted caramel | cherry

Local sorbet (VE) 2 scoops 3.95 | 3 scoops 5.25
lemon | raspberry | mango

BRITISH CHEESE BOARD

grapes, celery, apricot and ginger chutney, gluten free toast 9.50

Rosary Ash

goat's cheese with a mousse-like texture and a natural acidity, made from pasteurised milk and vegetarian rennet.

Brighton Blue

a mild, semi-soft cheese with a mellow blue flavour and a slightly salty finish

Tunworth

a British Camembert inspired soft cheese, soft creamy texture with a nutty flavour

Sussex Charmer

from West Sussex; a creamy mature cheddar taste with the zing of Parmesan.

*A Sunday well spent
brings a week of content...*

Enjoy quality time with family and tuck into
our proper Sunday roasts!

Tuck into our selection of traditional British roasts
served with Yorkshire pudding, crispy roast potatoes,
lashings of gravy and fresh, seasonal vegetables.

Visit our website to book a table.

SANDWICHES

Monday to Saturday (lunchtime only)
EXCLUDING BANK HOLIDAYS

Chicken BLT 8.25
Cold Pressed Oil Company mayonnaise

Mature cheddar and onion marmalade (V) 8.00
peppery rocket

Extra Dry Kent Honey Baked sliced ham 7.70
wholegrain mustard mayonnaise

Served on gluten free bread

GREEN PLATE POLICY

ALLERGENS & INTOLERANCES

Please speak to your server about ANY allergens or intolerances.
We cannot guarantee that items have not come into contact with nuts.
If you have any allergies or intolerances your food should be served on a green plate.

Please do not consume anything not served on a green plate.

